

“The Birth of Baby Jesus”...



FROM THE GOSPEL ACCORDING TO - LUKE - :

“There were shepherds in that region... the angel said to them, ‘Do not be afraid; for behold, I proclaim to you good news of a great joy...[:] today in the city of David a savior has been born for you who is Messiah and Lord. And this will be a sign for you: you will find an infant wrapped in swaddling clothes and lying in a manger.’” (Luke 2:8-12)¹

MEDITATION ON THE MYSTERY:

Have we ever asked ourselves, why was He lying in a manger? If animals eat from a manger, and You who are in the manger are the Food of Eternal Life, then who are we? What if we never lower the “horns” of our pride to eat from that manger of Eternal Life? (cf. SLC, p. 115)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to lowering the horns of pride, St. Hannibal Mary di Francia says: “First of all, those who follow the world lose grace, because God who reveals Himself to the humble hides Himself from the proud [...] Dominated by his own blind pride, man thinks himself free, happy, independent – and it is precisely then that his condition is the most deplorable!”

(ANNIBALE MARIA DI FRANZIA, *Scritti*, Vol. 10 [unpublished translation by pfsgm])

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...